



Falling Into Yourself

Self-Inquiry with Gangaji - Part VII

Print this sheet to complete. Feel free to use additional paper as needed.
Take 5 to 10 minutes to answer each of these questions. Don't edit yourself or judge your responses. This is just for you.

What future can you stop imagining?

What information can you stop gathering?

What stories stop you from opening?

What strategies can you set aside for this moment?
